



PREMIUM
QUALITY
FOR ALL



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VEMO  HERB®



MOVING FORWARD BY GOING BACK TO NATURE

VEMO 99 Ltd is a **Bulgarian manufacturer** of high quality dietary supplements, herbal and enzyme premixes for feed, and standardized herbal extracts. The company has a long-year experience in the research and development of a series of innovative products, empowered by nature. Its main brand of dietary supplements **VemoHerb®** is highly valued and sought after both in Bulgaria and on many international markets worldwide.

Our mission is to offer the best possible quality to our customers, as well as educate and help them stay fit and lead a healthy lifestyle.

WE GO FOR QUALITY!

Our dietary supplements are based on herbal extracts made of rare remedial plants with proven healing qualities. All extracts in our products are standardized to the highest levels of active substances providing the utmost results for our clients.

WE GO FOR NATURAL!

Apart from our highly experienced team and good technical base, we also enjoy Bulgaria's natural resources and its virgin clean regions, which are the main source of the herbs we use.

- ✔ Our products are 100% organic.
- ✔ The herbs we use for our extracts are not cultivated.
- ✔ The herbs grow in wild and clean areas.
- ✔ The technology is designed to safely extract the active substance from the herb so that we gain a

HIGHLY ACTIVE AND PURIFIED HERBAL EXTRACT.

- ✔ Our products help the body to naturally strengthen and unfold its own healing powers.

WE GO FOR EFFICIENCY!

We offer you the strength and variety of nature, especially selected and refined to make the most of its healing effect.

Our products DO work!

- ✔ Because of everything described above.
 - ✔ Because of the positive feedback of thousands of happy clients.
 - ✔ Because of the trust of our local and international partners that we have gained over the years.
- If a tea is considered to be healing, imagine what a much stronger extract can do – standardized in a laboratory, concentrated in a capsule, formulated as a finished product by outstanding experts in the field.

ABOUT VEMOHERB®

VemoHerb® series produced by **VEMO 99 Ltd** include biologically active food supplements. The products are based on standardized herbal extracts manufactured by our company from various remedial plants.

Core Philosophy:

VemoHerb's kernel team is made of people who deeply believe that:

- ✔ Physical fitness and health is the natural state of the body.
- ✔ Health is a natural gift, as are our dietary supplements. Both are neither synthetic, nor modified.
- ✔ The human body possesses what is needed to stay in great shape and maintain its healthy status – all we need to do is help it.

HIGH QUALITY AND COST EFFECTIVENESS

Our closed production cycle, i.e. from extraction to the finished goods, allows us to maintain complete control and analytical technology, as well as minimize production costs, thus ensuring the highest possible quality for our customers and enabling us to offer fairly competitive prices for the worldwide market.

EXPERTISE

VEMO 99 Ltd relies on its excellently trained staff and seasoned consultants. Combined with the closed production cycle, they guarantee the research, development, production and control of every stage.

CERTIFICATION



VEMO 99 Ltd is an EN ISO 9001:2015, HACCP, FSSC 22000:2011, Kosher, Halal, GMP, and GMP+ certified company.

We believe in our strengths and we are convinced that we can meet the market requirements and demand for high quality natural products, while continuing to win the trust of a growing base of partners worldwide.

A STORY OF SUCCESS

VEMO 99 Ltd was founded in 1999 in Sofia, Bulgaria, as a family-owned business. The company emerged in very turbulent times for the Bulgarian economy in the uncertain years of transition between two political systems.

The first idea of the company is development and production of standardized herbal extracts from rare Bulgarian remedial plants. Since in Bulgaria there is a plentiful variety and resource of herbal material, it is a very perspective idea.

Consequently, **new business units were born:**

- ✓ Herbal and enzyme feed additives;
- ✓ Development and production of biologically active dietary supplements;
- ✓ Food enzymes.

In the field of dietary supplements, it all started with our top product – **Bulgarian Tribulus terrestris** dry extract. With unique know-how, technology and production process, developed over more than 20 years, we are proud to announce that at the moment our Tribulus extract is widely demanded on the international markets. The company is a leading manufacturer of this product in Bulgaria, and our quality of **Bulgarian Tribulus** extract stands out at the top places in the world.

World famous brands are buying our extract and applying it in their end forms as they assess the quality and potential offered by **VEMO 99** products.

In this way, the idea to create our own series of dietary supplements was born, which launched the brand **VemoHerb®** more than 15 years ago.

VemoHerb® series are not a project accomplished overnight. They are the fruit of many years of work and reflect directly end-customers' needs. Most of our products have been specifically developed according to the requirements and recommendations of our customers and partners – experts in the field of medicinal plants, which select and combine the most efficient and beneficial effects on the human body that a herb is able to give. People working closely with athletes who are looking for a natural way to improve the performance and the sport achievement also helped a lot.

In our combined formulas we always seek synergism that enhances and improves the properties of the supplement.

VEMO 99 is a highly customer-focused organization and our commitment to quality and perfection is second-to-none. Our mission is to continually develop and offer high quality products and premium services. The customers are the most important part of our business and their evaluation is our guiding light.

We will keep on offering our clients the premium quality they deserve!

BULGARIAN TRIBULUS

Dry extract from Bulgarian Tribulus terrestris
 INCREASES STRENGTH, MUSCLE GROWTH,
 POTENCY AND LIBIDO*



- ✓ Increases strength and muscle growth
- ✓ Enhances sexual potency
- ✓ Promotes the natural production of sex hormones
- ✓ Increases energy during daily trainings
- ✓ Releases the toxins from the body, accumulated during physical overworks
- ✓ Decreases fat levels while building muscles



The dietary supplement **VemoHerb® Bulgarian Tribulus** is highly suitable for bodybuilders and athletes in the preparatory and active periods and in the period of recovery after physical exhaustion or recent diseases. It is also used in cases of sterility in men caused by oligospermia, sexual depression and decreased potency caused by overwork, stress and exhaustion.

HOW AND WHY IT WORKS?*

The properties of VemoHerb® Bulgarian Tribulus are due to the high content of steroidal saponins of furostanol type (60% determined as protodioscin).

The steroidal saponins are active substances, which stimulate the production of sex hormones (androgens and estrogens), influence the central nervous system and are defined as active components with anabolic character. They increase testosterone levels in men's organism, regulate the hormonal balance without affecting its functional mechanism, improve the activity of the prostate and decrease the risk of dihydrotestosterone formation.

In women the steroidal saponins increase the levels of pregnenolone, progesterone, estrogens, enhance the libido and in that way ensure the physical and psycho-emotional health of a woman.

One capsule contains:

200,0 mg dry extract from Bulgarian Tribulus terrestris, with content of 60% furostanol saponins determined as protodioscin

Dosage and directions for use: 3-6 capsules daily – take 1-2 capsules three times a day



Protodioscin stimulates the production of luteinizing hormone from the adenohypophysis and directly increases the secretion of sex hormones. It sets up a positive nitrogen balance and improves the protein synthesis, including that in the muscles. This results in stimulated increase of the capabilities of the organism and endurance of the body in cases of physical and mental overwork.

- *Completely natural*
- *Provides instant refreshing and energizing effect*
- *Suitable during physical and mental overwork*
- *Helps build lean muscle mass, increases strength and energy in combination with regular exercise*
- *Positively influences the functions of the prostate gland and the general physiological status of the organism*
- *Helps stimulate human sexuality and libido*
- *Positively influences the menopause period*



Ingredients in one sachet: 500 mg active substance: **Tribulus terrestris dry extract** – standardized to 60% furostanol saponins determined as protodioscin and 4500 mg additional substances: filler (maltodextrin), acidity regulator (citric acid), sweetener (stevia), flavor (blueberry), emulsifier (gum arabic).

Suggested use: 1-2 sachets daily. Dissolve 1 sachet in 250 ml water while stirring.

APPLICATION*:

The product has an energizing effect, helps you cope with physical and mental overwork. It is suitable for inclusion in different restorative formulas, designed for increasing strength, muscle growth and lean muscle mass. **VemoHerb® Bulgarian Tribulus drink** is designed to support athletes in the preparatory, active and recovery periods, after physical loads or recent disease. Helps stimulate human sexuality and libido. Positively influences the functions of the prostate gland and the general physiological state of the organism. Supports the normal state of the female organism during menopause. Prolonged use does not lead to sensibilization, dependence and addiction.

HOW AND WHY IT WORKS?*

The instant drink **VemoHerb® Bulgarian Tribulus** contains extract from the **Bulgarian Tribulus terrestris** herb. This plant is well known in the Bulgarian traditional medicine. Regarded as a vitality herb, it has been used for centuries for enhancing the human energy and libido.

The phytochemistry of the **Bulgarian Tribulus terrestris** is unique due to the specific geographic position, the suitable climate and topography of the country and the specific collecting method for the herb. These factors determine the differences in the pharmacological and physiological properties and advantages of the Bulgarian herb when compared to **Tribulus terrestris** with foreign origin.

Most products, available on the market at the moment, contain extracts from India and China, with low concentration of active ingredients and practically no physiological effect.

The **Tribulus terrestris** extract produced by VEMO 99 Ltd is rich in active ingredients and standardized at 60% furostanol saponins determined as protodioscin. The specific bouquet of furostanol saponins in **Bulgarian Tribulus terrestris** have a distinct positive effect on strength, muscle growth, lean body mass, sexuality. The main difference between VEMO 99 Tribulus extract and all others is not just the high concentration of protodioscin, but also the high amounts of accompanying substances that modulate and amplify the effects of protodioscin.

In order for the protodioscin to show its main properties, an important role play the other furostanol saponins present in the extract. They assist in transforming cholesterol to Dehydroepiandrosterone (DHEA). It is believed that DHEA slows the aging process through its involvement in the normal steroidal synthesis in the body, by assisting the transformation of free cholesterol into sex hormones. The decreased cholesterol levels indirectly support the effects of the active substances from the extract on the cholesterol metabolism. According to some scientists, the plant extract stimulates the luteinizing hormone synthesis and increases the amounts of testosterone in a natural way. Testosterone promotes muscle mass growth indirectly by stimulating protein synthesis in the organism.

Tribulus terrestris extract helps decrease blood sugar, improves blood circulation, helps maintain the cardio-vascular and liver functions, and stimulates the immune system.



BULGARIAN TRIBULUS

It is included in the bodybuilding programs and in developing of different recovery formulas for increasing muscle strength and growth, in which cases most often applied in the following way:

PROGRAMS*:

☛ To increase muscle strength and growth

Since **Bulgarian Tribulus terrestris** extract does not distort the production and balance of male sex hormones, it is harmless and has no side effects. Therefore, it is extremely effective for athletes seeking increase of muscle mass and strength in a safe way. In this case is recommended an 8-week intake of **Bulgarian Tribulus terrestris**. The recommended daily dose is 10-15 mg/kg body weight divided at three intakes. For an 80-100 kg athlete the recommended dose is about 1000-1500 mg daily. After the 8-week cycle, a 2-week pause is made, and enrollment can begin again. This cycle of 8-week intake, followed by a 2-week break can be repeated continuously.

☛ For recovery after prolonged steroid intake

Well-known fact is that continuous 6, 8 or 12-week steroid cycles stop the natural testosterone production in athlete's body, the testicles shrink, and this leads to impotence in men. It is clear however, that bodybuilders will always use anabolic steroids and therefore in such cases, **Bulgarian Tribulus terrestris** extract is extremely important. After steroid cycle, a **Tribulus terrestris** extract cycle is recommended. In this case again an 8-week intake and 2-week break cycle is undertaken (as described above). Bodybuilders with disturbances in the natural testosterone production can use **Bulgarian Tribulus terrestris** extract even during the steroid cycle.



DID YOU KNOW THAT?

Some centuries ago, in a remote and inaccessible mountainous region in Southern Siberia, primitive medicine men discovered a root, which increased longevity and energy. They called it "Maral-Root", because a variety of local deer, the Maral, dug out and ate these roots during the mating season, in order to recover their spent energies, as the males fought among themselves for the females.

The herbalists applied the roots against exhaustion, to counteract weakness and to reestablish sexual functions. However, only a few people knew the sites where the plant grew and this knowledge has been transferred from one generation to the next.

In 1942, during the Second World War, Russia needed medicines for wounds healing and to restore soldiers' energy, so they sent scientific expeditions to Siberia, where there were rumors about the existence of plants with healing potential. These expeditions found the Maral root (**Leuzea carthamoides**, also called **Rhaponticum carthamoides**) in the mountainous forests and plains within a limited territory of the remote regions of Altay, Kusnetzki Ala-Tau and Sayani. They made known the detailed botanical description of the plant and sent the first bundles of **Leuzea** roots to various investigation centers of the Soviet Union to be scientifically studied.

After extensive secret studies, the Soviet armed forces included the **Leuzea carthamoides** extracts in their medicine kit for the battlefield with a view to shortening the reaction time of the soldiers under battle stress.

After the war, the investigations continued and in 1965 the principal active component of the plant – ecdysterone, was isolated. The **Leuzea carthamoides** extract became favorite of Kremlin politicians and was used in Soviet space programs. Due to the military application of these investigations, most of their results were considered military secrets and were not published in scientific papers.

Some years later, a selected group of physicians and biochemists of the Anti-Doping Center of the Russian Olympic Committee discovered that **Leuzea carthamoides** considerably increases protein synthesis. After the fall of the Berlin Wall in 1989 and the opening of the Soviet medicine to the rest of the world, the knowledge of the properties of this plant became international scientific property.

In 1995, after numerous tests with Russian athletes, the extract of **Leuzea carthamoides** became the official adaptogene of the Soviet Olympic team.

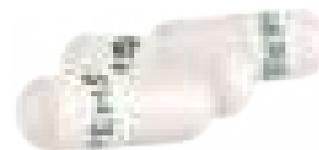


One capsule contains: 245,0 mg beta ecdysterone, extracted from the plant *Leuzea carthamoides*
Recommended dosage:
2-4 capsules daily

VEMOHERB

ECDYSTERONE

Beta ecdysterone extracted from the plant *Leuzea carthamoides*
INCREASES PROTEIN SYNTHESIS, MUSCLE GROWTH,
STRENGTH, ENDURANCE*



- Stimulates protein synthesis
- Promotes fast gains of muscle mass and strength
- Influences positively endurance, reflexes and the physical condition of athletes



VemoHerb® Ecdysterone
Can be used as anabolic stimulant,
adaptogen and biostimulant.



RECOMMENDED FOR*:

- people who have hard time gaining muscle mass
- intense training and psychical overwork of athletes and sporting people
- removing the symptoms of neurosis due to exhaustion
- increasing body stability against overworks
- in cases of fast tiring
- recovery after traumas or diseases

HOW AND WHY IT WORKS?*

The properties of **VemoHerb® Ecdysterone** are due to the purified active ingredient – 95% beta ecdysterone, which is isolated from the plant *Leuzea carthamoides*. They are based on the anabolic, adaptive properties of the ecdysones and the lack of any toxic effects after prolonged use.

The phytoecdysteroids stimulate protein synthesis and in dosages of 5-10 mg per kg bodyweight they are referred to the protein stimulants, promoting fast gains of muscle mass and strength. As polyhydroxysterols, they affect carbohydrate and nucleic acid metabolism, help glycogen synthesis and increase the content of high energy phosphate compounds. This promotes the growth of skeleton muscles, influences positively endurance, reflexes and the physical condition of athletes.

A number of studies show the anabolic activity of beta ecdysterone as well as its harmlessness and safety for usage during intense trainings or physical overwork. Beta ecdysterone influences positively the functional disorders of the central nervous system, which verges to psycho-stimulating effect on the organism. In the professional sport it is used to achieve physical and mental stability, without any side effects on the cardio-vascular and immune systems.

ARMAGEDDON

PRE-WORKOUT

HOW AND WHY IT WORKS?*

EACH DOSE CONTAINS:

- 500 mg of genuine Bulgarian Tribulus terrestris extract, standardized to 60% furostanol saponins, determined as protodioscin.

The steroidal saponins are active substances, which stimulate the production of sex hormones (androgens and estrogens), influence the central nervous system and are defined as active components with anabolic character.

They increase testosterone levels in men's organism, regulate the hormonal balance without affecting its functional mechanism, improve the activity of the prostate and decrease the risk of dihydrotestosterone formation.

In women they increase the levels of pregnenolone, progesterone, estrogens, enhance the libido and in that way ensure the physical and psycho-emotional health of a woman.

- 4000 mg Citrulline Malate

Citrulline malate is suggested to support nitric oxide production in the body, thus enhancing energy and muscle performance during workouts, while reducing fatigue. It can support increased vasodilation and amino acid delivery in muscles, thus contributes for improved workout performance.

- 2000 mg BCAAs (L-Leucine, L-Isoleucine, L-Valine)

The Branched Chain Amino Acids (BCAAs) are three proteinogenic amino acids — Leucine, Isoleucine, and Valine, which share a unique branched chemical structure (hence the name).

BCAAs are directly absorbed and utilized by the muscles as an energy source, thus playing a very important role in feeding muscles during workouts and supporting the recovery process after a workout.

In **VemoHerb® Armageddon**, these essential amino acids – Leucine, Isoleucine and Valine are added in the optimal proportion 2:1:1.

- 200 mg Caffeine

Caffeine is an excellent stimulant that increases energy, boosts the body's capabilities for intense training and promotes fat burning. It also shows a noticeable effect on the central nervous system with regards to stimulation and increased focus.

VemoHerb® Armageddon is the ultimate pre-training igniter for every athlete who wants to support the workout performance to the highest possible levels!

When you take **VemoHerb® Armageddon** something happens! You mix with water..., drink... and 20-30 minutes later... all you want is to start the workout and crush all your personal records!

It'll give such a kick-start to your mind-body connection that you'll clearly understand the meaning of the phrase "Impossible is Nothing".

Push yourself and your workout to unbelievable limits. And when you reach that limit, push even further!

Suggested use: Mix 1/2 to 1 scoop (7.5 g–15 g) in 250 ml of water 20-30 min before workout. (Recommended dosage: 1/2 scoop)



- 300 mg L-Arginine

L-Arginine is a precursor of nitric oxide which is very important for vasodilation. Nitric oxide helps to increase blood flow into the muscles which is the main factor that produces pumps during exercise. Recent research suggests that nitric oxide is directly connected to muscle building. Latest data also suggests that L-arginine stimulates the release of growth hormone and acts as a natural precursor for creatine synthesis in the body. L-Arginine promotes vasodilation and thus is shown to promote the body's ability to consume and utilize oxygen.

- 2000 mg Creatine

A lot of studies suggest the important role of creatine in achieving significant increase in muscle strength, power and growth. It helps workout performance and aids production of adenosine triphosphate (ATP), providing essential energy for muscle contractions.

- 300 mg Vitamin C

Vitamin C is essential to a healthy diet as well as being a very effective antioxidant, acting to alleviate oxidative stress for muscles under heavy loads (workout regime).

It has a core function in the growth and repair of tissues in all parts of your body, thus it is crucial for recovery from intense training.

It can help support the immune system and protein metabolism.

- 10 mg Black Pepper extract

The Black pepper extract in **VemoHerb® Armageddon** is standardized to the active ingredient piperine (min. 95%).

Numerous studies suggest that when just 5 mg of such highly concentrated Black pepper extract is added to other ingredients, it boost their absorption by 30-2000%!

You really have to try **VemoHerb® Armageddon**, to truly appreciate how good it is! Any other words are just useless!

VEMOHERB® MUSCLE KICK

NATURAL MUSCLE FUEL!

VemoHerb® Muscle Kick is designed to provide insane muscle pumps, intensity and performance!

- Stimulates the release of growth hormone
- Increases energy during daily trainings
- Stimulates protein synthesis
- Improves the immunity
- Improves the metabolism
- Natural hormone booster
- Enhances nitric oxide production
- Supports fat loss while building muscles
- Helps improve the regenerative capacity
- Tunes up muscles and boosts muscle strength
- Increases the stability of the body against overworks
- Promotes muscle gain and building of quality muscle mass
- Suitable in cases of fast tiring and for recovering after traumas
- Positively influences the symptoms of neurosis due to exhaustion
- Has adaptogen, biostimulative and anabolic stimulative properties
- Releases toxins from the body, accumulated during physical overworks
- Promotes muscle recovery and growth, due to the removal of waste products
- Influences positively the endurance, reflexes, focus and physical condition of athletes
- Benefits the greater blood flow in the muscles, providing for better sports performance
- Supports blood and oxygen to flow more easily to the brain, leading to improved brain activity, concentration and mental clarity
- Influences positively the removal of free radicals from the muscles, that will otherwise break them down



SIGNIFICANTLY INCREASES
PROTEIN SYNTHESIS.

**SIZE, STRENGTH
AND POWER OF MUSCLES!**

HOW AND WHY IT WORKS? *

VemoHerb® Muscle Kick is a dietary supplement based on four high quality extracts – dry extract from the plant *Tribulus terrestris*, dry extract from the plant *Leuzea carthamoides*, dry extract from *Ginkgo biloba*, dry extract from Black pepper and L-arginine.

The stimulated production of sex hormones, improved protein synthesis and positive nitrogen balance are due to the furostanol saponins, determined as protodioscin in the Bulgarian *Tribulus terrestris* extract.

These properties are strengthened by the β -ecdysterones in the extract from *Leuzea carthamoides* that promote fast gains of muscle mass. The polyhydroxysterols, which are also present positively influence the endurance, reflexes and physical condition of athletes.

The presence of ginkgoflavonoids from the dry extract from *Ginkgo biloba* results in improved mood and concentration, increased energy levels and accelerated recovery processes in the body.

The piperine, which is the active ingredient in the Black pepper extract, can increase the absorption of all other ingredients by 30 – 2000%.

VemoHerb® Muscle Kick is masterfully formulated to promote the body's production of nitric oxide. This effect is due to the L-arginine present. Elevated levels of nitric oxide enhance blood flow, oxygen transport and nutrient delivery to the muscles, intensifying the workout.

Ingredients in one capsule:

- 125,0 mg dry extract from *Tribulus terrestris*
(60% furostanol saponins determined as protodioscin)
 - 125,0 mg dry extract from *Leuzea carthamoides*
(95% β -ecdysterone)
 - 80,0 mg mg dry extract of *Ginkgo biloba*
(24% ginkgo flavone glycosides)
 - 5,0 mg Black pepper extract
(95% piperine)
 - 150,0 mg L-arginine
- Recommended dosage: 1-2 capsules 3 times daily



RHODIOLA ROSEA

A dietary supplement based on dry extract from roots of *Rhodiola rosea*
AN INCREDIBLE ADAPTOGEN AND TONIC FOR THE MUSCLE AND NERVOUS SYSTEMS*

- ✔ Helps boosting the body's energy
- ✔ Improves sports and physical condition of individuals
- ✔ Facilitates the process of adaptation to the external environment and lifestyle
- ✔ Enhances mental functions



VemoHerb® Rhodiola rosea
is a herbal product used as stimulant,
adaptogen and tonic for the muscle
and nervous systems.

HOW AND WHY IT WORKS?*

It's ingredients Rosavin and Salidroside help the organism to resist the physical effects caused by mental strain, stress from work and sport; chemical influences caused by toxins and pollutants such as heavy metals; biological effects caused by bacteria and viruses.

It is recommended for increasing the physical endurance, during prolonged illness, fatigue, depression, temporary disturbances in sports and physical condition and during general infections. Reduces stress and promotes a positive mood.

VemoHerb® Rhodiola Rosea helps boosting the body's energy, improves sports and physical condition of individuals and facilitates the process of adaptation to the external environment and lifestyle. Enhances mental function.

Ingredients in one capsule: 350,0 mg dry extract from the roots of *Rhodiola rosea* standardized at min 3% rosavins and min 1% salidroside
Recommended dosage: 1-2 capsules daily



VemoHerb® Rhodiola Rosea:

- ✔ Increases the physical endurance, without affecting the normal physiological parameters
- ✔ Relieves stress, mental and neurological disorders, depression
- ✔ Alleviates physical and mental fatigue
- ✔ Eases temporary disturbances in sports and physical condition
- ✔ Helps the organism during general infections

VEMOHERB GUGGULSTERONE

35 mg Guggulsteroids and 35 mg E&Z Guggulsterones

ACCELERATES METABOLISM AND STIMULATES FAT BURNING IN A NATURAL WAY*

- Enhances metabolic rate in a natural way
- Promotes fat burning process and weight loss rate
- Considered as one of the safest available weight loss supplements on the market



Guggulsterones are plant steroids, which are found in the resin of the plant *Commiphora mukul* (common also as Guggul). This powerful ancient remedy has been recently re-discovered by the nowadays modern Western culture.

HOW AND WHY IT WORKS?*

Scientific studies indicate that Guggulsterones reduce bodyweight and this is mostly attributed to the stimulating effect which they have on the thyroid gland, responsible for controlling the metabolic rate. When hormone levels of the thyroid increase, the metabolic rate is boosted and vice versa. Following that mechanism, when a caloric restriction is present due to a lower food intake (as it occurs during weight loss diets), the defensive reaction of the body is to decrease the metabolism rate by lowering the thyroid hormone levels. In such case, the Guggulsterones play a crucial role, ensuring that the metabolism keeps chugging along despite the calorie restriction, and hence promoting the maximum desirable effect of the weight loss program.

Some studies also report that Guggulsterones show noticeable cholesterol lowering properties. While raising HDL (good cholesterol) levels, they lower the LDL levels (bad cholesterol), adding extra benefits to the magnificent properties of this incredible herb.

Recommended for*: Guggulsterones are a perfect supplement for anyone who is looking for a safe and effective way to stimulate the weight loss process, especially in cases of prolonged dieting. Guggulsterones do not affect in any way the central nervous and cardiovascular systems, and are thus generally considered as one of the safest available weight loss supplements on the market. Guggulsterones stimulate the thyroid gland's activity, and in that way are boosting the metabolic rate in a natural way, ensuring an increased weight loss rate, since more calories are burned by the body everyday. Not Recommended for people who have functional problems with their thyroid gland.



VemoHerb® Guggulsterone is based on one of the most potent natural Guggul extracts available today, thus ensuring the premium quality of the product and the cutting edge results for our customers.

Guggulsterones have been used for thousands of years:

- To treat problems associated with obesity
- Against viral infections
- For lowering cholesterol levels
- For cleansing blood vessels
- Against acne
- For relieving menstrual spasms



Recommended dosage: 3-6 capsules daily – take 1-2 capsules three times a day
One capsule contains: 350,0 mg dry extract from *Commifora mukul* (Guggul) standardized at 35,0 mg Guggulsteroids and 35,0 mg E&Z Guggulsterones.

Ingredients in one capsule: 200,0 mg **Caffeine anhydrous**, 35,0 mg dry extract from **Citrus aurantium**, standardized at min 30% synephrine and 60,0 mg dry extract from **White Willow bark**, standardized at min 15% salicin

Recommended dosage: 1 capsule three times daily



**VEMOHERB®
ECA**

A natural alternative to the combination
Ephedrine / Caffeine/ Acylpirin

**ENHANCES FAT BURNING, INCREASES ENERGY
AND IMPROVES ENDURANCE AND STAMINA***

- Leads to the loss of extra body weight
- Speeds up fat-burning
- Heightens energy and endurance



VemoHerb® ECA is a dietary supplement that facilitates intensive burning of excess body fats and weight loss. VemoHerb® ECA is an effective thermogenic stimulant with wide range of application.



HOW AND WHY IT WORKS?*

VemoHerb® ECA is a natural alternative of the combination **Ephedrine/Caffeine/Acylpirin** and it is a complex mixture of **Caffeine anhydrous**/dry extract from **Citrus aurantium**/dry extract from **White Willow bark**. The properties of this dietary supplement are the result of the properties of its active substances. Caffeine is an excellent stimulant that increases energy, boosts the body's capabilities for intense training and promotes weight loss. The synephrine in the dry extract of **Citrus aurantium** is characterized by its ability to interact with adrenoceptors and to accelerate the metabolism, thus

burning excess fats while preserving muscle tissue. Synergistically with the other active ingredients, it also suppresses appetite. Dry **White Willow bark** extract is standardized to salicin, which is a natural source of salicylic acid that enhances the action of caffeine and synephrine. Salicin helps in reducing the levels of cAMP (a natural reaction of the body) and thus the process of thermogenesis is maintained highly active for a prolonged period.

The combination of **Caffeine anhydrous**/ dry extract from **Citrus aurantium**/ dry extract from **White Willow bark**, is proven to be one of the most effective dietary supplements that influences thermogenesis and leads to significant weight loss.

VEMOHERB[®] YOHIMBE

Dry extract from Yohimbe

IMPROVES THE SEXUAL FUNCTION AND FACILITATES FAT BURNING*

- Enhances fat-burning process by increasing the fatty acids
- Improves men's potency
- Enhances the energy levels of the body during training



VemoHerb[®] Yohimbe is recommended*:

- For men suffering from erectile dysfunction caused by psychological obstacles and a nervous breakdown
- In cases of psychological erectile dysfunction, caused by stress
- For weight loss



The combination of the improved male sexuality and the ability to decrease fat synthesis identifies the product as a potent tool for fat burning.

HOW AND WHY IT WORKS?*

VemoHerb[®] Yohimbe is a dietary supplement based on dry plant extract from *Pausinystalia yohimbe*, with an active ingredient – the indolealkylamine alkaloid yohimbine, standardized as yohimbine hydrochloride. As a non-essential active substance, the yohimbine is not produced in the body and very often it is missing in the blood.

The physiologic properties of the active substance are very well studied concerning effects on the general potency and in cases of erectile dysfunction caused by pathogen reflection and disreflection problems, neurosis and organic damages of the central nervous system.

The main factors that are affecting men's potency are grouped in age-related, medicinal, morbid, hormonal, physiological and neurogenic factors.

The physiological properties of yohimbine are well studied in terms of impact of the antioxidant potential on the fat burning process by increasing the fatty acids. The effect of yohimbine is defined as a blocker of α -receptors, which slows down fats oxidation. Thus, the supplementation can significantly facilitate fat burning.

Intake of the dietary supplement VemoHerb[®] Yohimbe increases yohimbine levels in the blood, leads to relaxation of the blood vessels, improves blood circulation in the whole body and activates that part of the spinal cord which is responsible for the erectile functions. That influences the age-related, hormonal, physiological and neurogenic factors. It enhances the energy levels of the body during training for bodybuilders and athletes.

Pure yohimbine hydrochloride is used in medicine against potency.

Ingredients in one capsule: 2,0 mg yohimbine hydrochloride, 98%

Recommended dosage: 1-2 capsules daily

Recommended dosage for athletes:

1-2 capsules 3 times a day (one intake right before training)

VeganPro

• HYPOALLERGENIC • VEGAN PROTEIN BLEND •

ONLY 110 CALORIES PER DOSE!

HOW AND WHY IT WORKS?*

VeganPro is the ideal choice for every athlete who wants to build and maintain muscle mass, through a safe and healthy lifestyle diet. It is one of the best plant based alternatives to casein, whey, egg or meat protein. It contains the essential amino acids necessary for the body including the **branched chain amino acids (BCAAs)** facilitating muscle recovery and growth. **VeganPro** also incorporates a **proprietary enzyme blend**, specifically developed to perfectly match the protein profile of this unique product, thus fully hydrolyzing and leading to complete digestion of every single amino acid from this **special vegan protein**.

On the top of it all, it also contains **200 mg potent extract from Leuzea carthamoides (95% ecdysteroids)** per each serving. It is a well known fact that the Ecdysterone contained in the plant *Leuzea carthamoides* considerably improves protein synthesis in the body.

All of the above makes this unique formula the perfect choice for every serious athlete no matter if they are professionals or sport is just a part of their healthy lifestyle attitude.

Following a vegan diet may be the healthiest lifestyle choice you can make nowadays. However, it is crucial to ensure that you are taking enough protein, which is essential for the normal function of the body. In the past it used to be very hard to maintain a vegan diet if you wanted to build muscle mass. It was difficult to get all the necessary protein through the diet alone and unfortunately all offered proteins were not vegan friendly.

Happily, with **VeganPro**, following a healthy vegan lifestyle will be no longer a compromise for your perfect bodybuilding shape.

No matter if you are a vegetarian, vegan, or you just want to supplement your diet with a more healthy source of protein and let the meat, milk and egg proteins be consumed only with your gourmet meals, **VeganPro** is the best choice to gain pure muscle mass.

VeganPro is developed to contain almost no carbohydrates. This means very little gut fermentation and fewer undesirable symptoms (gas, bloating) connected with plant based diets.

Suggested use: Mix 2 scoops (30 g) in 200 ml of water. Take 1-2 times a day.

NO

- Dairy
- Eggs
- Peanuts
- Tree Nuts
- Fish
- Shellfish
- Wheat
- Gluten
- Yeast
- Artificial sweeteners

CHOLESTEROL FREE

AMINO ACID PROFILE COMPARABLE TO WHEY

PRESERVATIVE FREE

LOW GLYCEMIC LOAD

LACTOSE FREE

UNIQUE VEGAN PROTEIN MADE ONLY FROM PLANT SOURCES 100% NATURAL

PREMIUM COMPOUNDS!

24 g
PURE CONCENTRATED PROTEIN
2200 mg
INTEGRATED BCAAs AND L-GLUTAMINE
200 mg
POTENT LEUZEÁ EXTRACT (ECDYSTERONE 95%)
DIGESTIVE ENZYMES
IN EVERY DOSE

THE ULTIMATE PLANT BASED PROTEIN FOR REAL PROFESSIONALS

We have combined the best of our 20 years of experience in enzyme biotechnology, herbal extracts manufacturing, and dietary supplements development to create this unique vegan protein blend. This is a perfectly balanced formula designed to meet the highest requirements of every serious athlete. A plant based vegan protein which successfully rivals whey.

- ✓ 100% natural
- ✓ Unique vegan protein made only from plant sources
- ✓ Amino acid profile comparable to whey
- ✓ 24 g of pure concentrated protein in every dose
- ✓ Integrated BCAAs and L-glutamine to enhance muscle strength and energy
- ✓ Highly concentrated *Leuzea carthamoides* extract (95% Ecdysterone) to support protein synthesis in the body
- ✓ Special enzyme blend based on our solid professional experience to support maximum protein absorption
- ✓ Hypoallergenic! NO Dairy, Eggs, Peanuts, Tree Nuts, Fish, Shellfish, Wheat, Gluten, Yeast, Artificial sweeteners
- ✓ Lactose free
- ✓ Cholesterol free
- ✓ Preservative Free
- ✓ Low glycemic load
- ✓ Only 110 Calories per every dose
- ✓ Unique great taste
- ✓ Mixes very well
- ✓ No Substances Banned by the World Anti-Doping Agency (WADA)



VEMOHERB® SOLIDAGO

Dry extract from Goldenrod (*Solidago virgaurea* L.)
FOR IRRITABLE BLADDER, URINARY TRACT INFECTIONS,
KIDNEY STONES, CYSTITIS*

- ✔ Supports the health of the urinary tract
- ✔ Has diuretic and antioxidant properties
- ✔ Powerful antibacterial and anti-fungal tool
- ✔ Relieves inflammations and muscle spasms



VemoHerb® Solidago is an exceptional dietary supplement, based on dry extract from the native Bulgarian herb *Solidago virgaurea* L., standardized at min 7% flavonoids. The extract contains a rich bouquet of biologically active substances: flavonoids (quercetin, kaempferol and their glycosides, astragalgin and rutoside), saponins, phenolic compounds, essential oils, terpenes, anthocyanidins, etc.

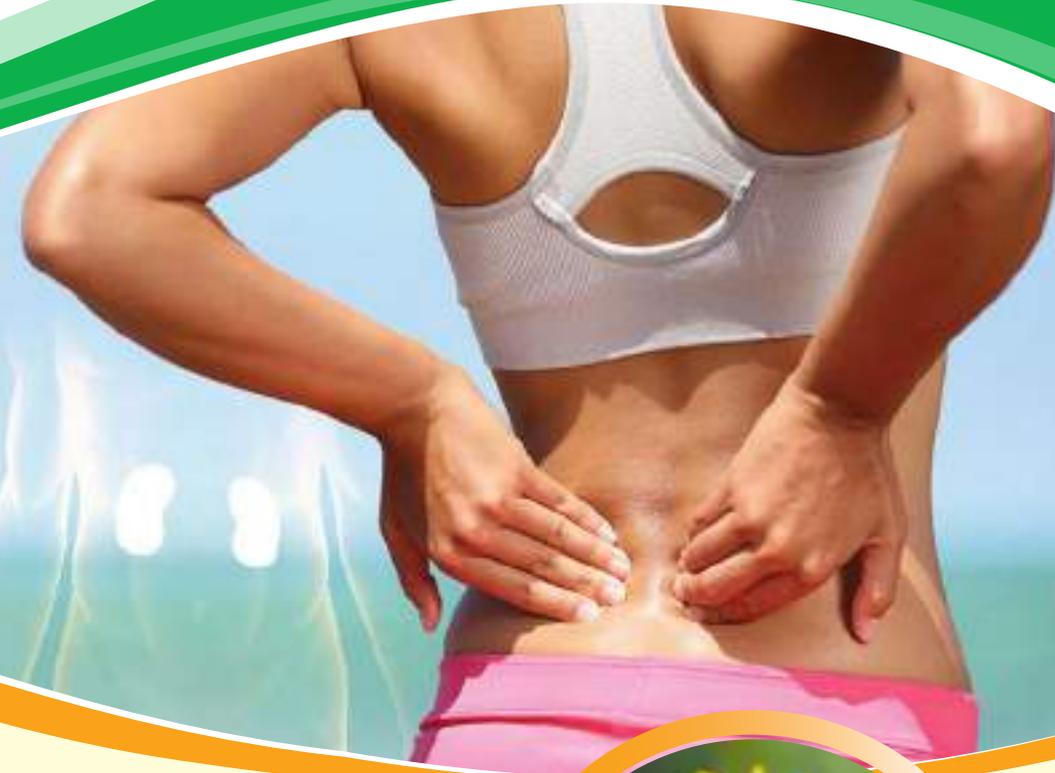
HOW AND WHY IT WORKS?*

Solidago virgaurea L., also known as Goldenrod, has a long year history in the traditional folk medicine, being applied as anti-inflammatory herbal tool against cystitis, irritable bladder, urinary tract infections, kidney stones, etc. Studies have concluded that the content of the active substances, that provide for the benefits of the herb (mainly flavonoids), depend on the place and time of the raw material harvesting. This positions the European herb above all the rest.

The diuretic activity of *VemoHerb® Solidago* is mainly attributed to the presence of flavonoids (especially quercetin and derivatives) in the extract. They were shown to inhibit a specific enzyme reaction in the body, resulting in regulated formation of urine, via the excretion of sodium ions.

The flavonoids, in combination with saponins and caffeic acid esters present in the extract, inhibit the progression of inflammation in the body. They affect the formation of pro-inflammatory cytokines, thus suppressing a large variety of inflammatory conditions. *Solidago virgaurea* L. extract is also known as “blood-purifying” agent in gout, rheumatism, arthritis, eczema and other skin disorders.

The saponins and polysaccharides present in *VemoHerb® Solidago* possess strong anti-tumor and anti-microbial properties, positioning the product as a promising natural tool for fighting mutations and inflammations. Also, *Solidago virgaurea* L. extract was reported to inhibit both Gram positive and Gram negative bacteria, explaining the huge benefits of this extract.



VemoHerb® Solidago is recommended for*:

- ✔ Urinary tract infections and inflammations
- ✔ Cystitis
- ✔ Urinary stones
- ✔ Removal of urinary gravel
- ✔ Analgesic, antifungal, antispasmodic, antioxidant purposes

Ingredients in one capsule:

400 mg dry extract from *Solidago virgaurea* L., standardized at min 7% flavonoids

Recommended dosage:

1 capsule, 3-4 times daily. Take the capsule after meals with plenty of liquid (about 1 glass of water).





VEMOHERB®
TRIBULUS FORTE
 Special extract from Bulgarian Tribulus
 IMPROVES THE GENERAL AND SEXUAL HEALTH OF MEN AND WOMEN*

- ✔ Strengthens, improves and regulates the function of the prostate and the other endocrine glands
- ✔ Influences positively the menopausal period
- ✔ Enhances potency
- ✔ Decreases cholesterol levels



The combination of phytosterols, saponins and flavonoids is suitable for*:

- ✔ Disturbances in the functions of the secretory and sexual systems
- ✔ Non-malignant inflammation of the prostate
- ✔ Low sexual activity
- ✔ Sterility
- ✔ Hypertrophy of the prostate
- ✔ Infertility caused by presence of antibodies against spermatozoa
- ✔ Risk of miscarriage
- ✔ Genital and sexual problems in men and women
- ✔ Stimulation of hormone synthesis in the organism
- ✔ High cholesterol levels, weak blood vessels
- ✔ Overall weakness after severe infectious diseases and weakened immune system

HOW AND WHY IT WORKS?*

VemoHerb® Tribulus Forte helps for strengthening, improving and regulating the function of the prostate and the other endocrine glands, influences positively the menopausal period, increases the libido, improves the physical and emotional status and decreases the risks of cancer of genitals and lacteal glands. The flavonoid glycosides strengthen the blood vessels, help the resorption of fats and maintain healthy cholesterol levels.

The other saponins present in the extract play a very important role in order the main properties of protodioscin to be shown, transforming protodioscin into dehydroepiandrosterone. It is believed that the latter slows down the aging processes, because it takes part in the cholesterol conversion into sex hormones during normal steroid synthesis in the organism. The lowered cholesterol levels are linked to the hypolipemic properties of the supplement and the positive impact on the immune system.

It stimulates the lowered potency caused by malfunction of the testicles, influenced of toxic substances or prolonged use of medicines.

Ingredients in one capsule:

200,0 mg dry extract from Bulgarian Tribulus terrestris with content of 50% furostanol saponins, determined as protodioscin and 25% flavonoids determined as apigenin

Recommended dosage: 3-6 capsules daily

VEMOHERB® GERANIUM

Dry extract from bloody geranium

STRENGTHENS THE IMMUNE SYSTEM AND SHOWS ANTI-OXIDATIVE
AND ANTI-INFLAMMATORY PROPERTIES*

- ✓ Powerful antioxidant
- ✓ Inhibits the development of pathogenic viruses, bacteria, parasitic fungi and cancer cells
- ✓ Maintains healthy immune system
- ✓ Slows down the aging process



It shows very good prophylactic properties in periods of viral epidemics, strengthens the overall health status during recovery after infectious and other diseases. It helps the flushing of toxins formed during medicinal or other intoxications and during recovery after radiotherapy.



HOW AND WHY IT WORKS?*

The properties of the dietary supplement **VemoHerb® Geranium** are determined by the combination of polyphenol compounds including mostly flavonoid glycosides and tannin compounds, which stimulate the production of white blood cells and mainly lymphocytes – the main part of the human immune system. The biochemical affinity of the active substances to the viral cover, results in binding to it and thus leads to a deactivation of the virus. The sufficient quantity of flavonoids in the extract, which are one of the most active natural antioxidants, flushes toxins formed during inflammation processes.

The latest studies on the properties of polyphenol complexes in the extract from roots of **Geranium sanguineum** show remarkable inhibiting influence on the development of pathogenic viruses, bacteria, parasitic fungi and cancer cells.

VemoHerb® Geranium is used **prophylactically***

- ✓ for boosting a healthier immune system and thus maintaining a good health status
- ✓ for increasing the stability of the organism during contact with viruses and sick people

It is recommended as **supporting product***

- ✓ after severe infectious and hematological diseases
- ✓ in cases of immune deficiency and cancer

Ingredients in one capsule:

200,0 mg dry extract from the roots of **Geranium sanguineum**, standardised at min 22% polyphenols, determined as catechin, min 25% tannins and min 0.3% anthocyanidins, determined as a sum of malvidin chloride and cyanidin chloride

Recommended dosage: 1-2 capsules daily



VEMOHERB® GINKGO HYPERICUM

Dry extracts from Ginkgo biloba and Hypericum perforatum
IMPROVES BRAIN ACTIVITY, CONCENTRATION, MEMORY
PROMOTES SERENITY AND RESTFUL SLEEP*



- ✔ Improves the mental health
- ✔ Shows anti-depressive properties
- ✔ Leads to overall nervous relaxation and overcoming of the daily physical and mental overwork and stress
- ✔ Improves the quality of sleep



IT IS RECOMMENDED IN CASES OF*:

- ✔ hard mental work, anxiety, fear
- ✔ insomnia, stress
- ✔ mild to moderate depressions and nervous conditions

HOW AND WHY IT WORKS?*

The hypericin in *Hypericum perforatum* is a derivative of anthraquinone, which shows inhibitory effect on monoamine oxidase, takes part in the brain metabolism and influences the transmission of nerve impulses. This helps to regulate serotonin levels in the central nervous system and improves the mental health in long term. The hypericin itself possesses higher anti-depressive properties when it is in combination with the other phytochemicals—flavonoids, xanthates and tannin compounds.

It finds application in mild to moderate depressions and nervous conditions. In the dietary supplement **VemoHerb® Ginkgo Hypericum** the content of flavonoids is further increased by the addition of ginkgo flavonoids quercetin, kaempferol and isorhamnetin from the *Ginkgo biloba* extract. As a result is achieved, an even better effect on the central and peripheral nervous systems, and the memory is achieved.

The decreased risk of nervous and mental breakdowns and the connected with them impacts on the general biological condition of the organism are even more significant.

Ingredients in one capsule: 120,0 mg dry extract from the leaves of *Ginkgo biloba*, standardised at 24% ginkgo flavone glycosides, 130,0 mg dry extract from the aerial part of *Hypericum perforatum*, standardized at 0.3% hypericin

Recommended dosage:
1-3 capsules daily



Ginkgo flavone glycosides also show protective properties on the blood vessels of the heart and brain, decrease lipids concentration in the blood and improve the elasticity of the blood vessel walls. They regulate serotonin break down, control its level and the level of hormones in the blood, thus help to achieve overall nervous relaxation and overcome the daily physical and mental overwork and stress.

VemoHerb® Ginkgo Hypericum enhances brain activity, increases concentration ability and improves memory. It helps maintaining fast reactions for longer periods of time and decreases fatigue and tiredness of the organism.

TRIBULUS CICHORIUM

Dry extracts from *Tribulus terrestris* and *Chicory*
IMPROVES THE GENERAL HEALTH STATUS OF THE ORGANISM*

- Shows spasmolytic, anticoagulant, hepatoprotective and sexual enhancing properties
- Strengthens the walls of blood vessels
- Safely regulates the hormonal balance in men and women
- Stimulates gall and liver functions



HOW AND WHY IT WORKS?*

VemoHerb® *Tribulus Cichorium* regulates the hormonal balance, especially in periods when as a consequence of certain circumstances the latter are produced lesser and lesser in the body and this causes impotence in men and hard climacteric conditions in women. The flavonoids stimulate the secretion of gastric juice and promote the antioxidant (in regards to oxidation of vitamin C) and the spasmolytic properties of the product. The coumarin derivatives esculin and cichorine determine the anticoagulant properties, strengthen the walls of blood vessels and slow down the aging processes in the organism. They stimulate gall and liver functions, especially during and after hepatitis conditions. The plant complex of furostanol saponins, flavonoids and coumarin derivatives increases testosterone and progesterone synthesis and in that way the functions of the endocrine glands in men and women are regulated without affecting their functional mechanism.



APPLIED IN CASES OF*:

- Different sexual problems, combined with malfunctions in the activity of the liver and gall
- Overall weakness caused by diseases
- Nervous conditions
- Menopause periods
- Slight erectile dysfunction



The dietary supplement VemoHerb® *Tribulus Cichorium* shows positive influence on the whole organism, because it regulates the hormonal balance while improving the activity of the stomach, intestines, gall and liver, because of its spasmolytic, anticoagulant, hepatoprotective and sexual enhancing properties.

The good health status of the body relaxes the nervous system and improves the tonus, thus enhancing the sexual desire and potency.

Ingredients in one capsule: 100,0 mg dry extract from the aerial part of the plant *Tribulus terrestris*, with a content of 60% furostanol saponins determined as protodioscin and 100,0 mg dry extract from the aerial part of the plant *Cichorium intybus*, with a content of 8% Flavonoids, determined as apigenin and 10% coumarins, determined as esculin
Recommended dosage: 2-4 capsules daily

- *Anti-inflammatory and anti-microbial properties*
- *Influences positively the gall-kidney and liver functions*
- *Shows cardio-protective effect*



RECOMMENDED*:

- *For problems with the spleen*
- *For kidney inflammations*
- *In cases of physical, medicinal or viral damage of the liver*
- *For disorders in the gall*
- *It is very suitable product during and after hepatitis conditions, and prophylactic in cases of contacts with people infected with hepatitis*

HOW AND WHY IT WORKS?*

The properties of **VemoHerb® Cichorium** are due to the content of specific active ingredients extracted from the plant **Cichorium intybus**, containing dihydroxycoumarin glycosides – chichorin, esculin and esculetin, which guarantee the necessary levels needed for the anti-inflammatory and anti-microbial properties.

The content of flavonoids, apigenin, quercetin and luteonin in the extract from **Cichorium intybus** widen even the smallest capillary vessels, contribute for increasing the blood oxygen levels, stimulate the metabolism and influence positively the enzymes, involved in the transformation of toxic chemical substances.

VemoHerb® Cichorium includes a combination of coumarin derivatives and flavonoids, thus an active complex is formed which influences positively the gall-kidney and liver functions and helps the release of gall acids and toxins. It prevents the liver from the influence of toxic substances. The active complex reduces glutathione levels and shows cardio-protective effect.

VemoHerb® Cichorium

protects the liver from harms, improves the activity of the cardio-vascular system, inhibits the development of microbes and normalizes gall and liver functions.*

Ingredients in one capsule: 200,0 mg dry extract from the aerial part of the plant **Cichorium intybus**, with a content of min 8% flavonoids, determined as apigenin, 10% coumarins, determined as esculin and min 5% tannin compounds, determined as tannin.

Recommended dosage: 1-3 capsules daily



VemoHerb® Men's Formula is very suitable for increasing the sexuality of middle-aged men, in cases of different kinds of erectile dysfunction, low sexual activity, caused by physical overwork and stress.



VEMOHERB
MEN'S FORMULA
Dry extracts from Bulgarian Tribulus terrestris,
Yohimbe, Ginkgo biloba and Nettle root
BENEFICIAL EFFECT ON SEXUAL POTENCY AND LIBIDO*

- Enhances sexual activity
- Positively influences the hormonal balance in both sexes
- Stimulates the synthesis of the male sex hormone Testosterone
- Helps for suppression of hyperplasia of the prostate
- Supports the activity of nerve nodes of spinal brain
 - Increases the duration of sexual desire
 - Increases potency
- Normalizes the function of the prostate



This dietary supplement is a very effective way of improving the sexual relations, which are an inseparable part of a normal human life.



HOW AND WHY IT WORKS?*

VemoHerb® Men's Formula is a dietary supplement which is based on four plant extracts – dry extract from the plant **Tribulus terrestris**, dry extract from the plant **Pausinystalia yohimbe**, dry extract from the plant **Ginkgo biloba** and dry extract from the plant **Urtica dioica**. The combined active ingredients complement and help each other in physiological aspect for the general properties and the application of the product.

The aphrodisiac effect of the extract from **Pausinystalia yohimbe** is due to the yohimbine, which facilitates blood supply in the organs of the small pelvis, stimulates the activity of the nerve knots in the spinal cord and increases the sexual activity. These properties of the yohimbine are strengthened by the ginkgo flavone glycosides in the extract from **Ginkgo biloba**, the hydroxycoumarins, sterols and zinc present in the **Urtica dioica extract** and the furostanol saponin protodioscin in the **Tribulus terrestris extract**.

The ginkgo flavone glycosides influence positively male sex hormones and together with the terpenoids improve the blood circulation in the limbs. They regulate the activity of the cardio-vascular and nervous systems, and influence positively stress conditions. This improves lowered potency, caused by psychological obstacles and stress conditions.

The hydroxycoumarin derivatives, sterols and zinc stimulate the synthesis of the male sex hormone – testosterone, and inhibit the hyperplasia of the prostate. The sexual stimulating properties of the **Urtica dioica** extract in people with lowered sexual desire are strengthened by the yohimbine in the combination.

The protodioscin from the **Tribulus terrestris extract** increases the levels of hypophysis hormones and adrenocorticotrophic hormone in the blood, enhances the proerectile properties of furostanol saponins, and positively influences the hormonal balance in both sexes. In women the activity of the ovaries is improved and the libido is enhanced, and in men the potency is increased. Together with the yohimbine, it helps hormone production, particularly testosterone, increases the duration of sexual desire, and shows aphrodisiac properties.



Ingredients in one capsule: 200,0 mg dry extract from **Tribulus terrestris** containing 60% furostanol saponins determined as protodioscin;
1,0 mg **yohimbine hydrochloride** 98%;
130,0 mg dry extract from leaves of **Ginkgo biloba** with not less than 24% ginkgo flavone glycosides and 100,0 mg dry extract from roots of **Urtica dioica** containing min 5% scopoletin.
Recommended dosage: 1 capsule, an hour before sex (up to 4 capsules daily)

able[®] male

- Supports the body's overall vitality
- For the overall health of men over 30 years of age
- Influences positively the recovery process after systematic physical stress and diseases
- Keeps the healthy levels of testosterone in a natural way



- Supports the male hormonal balance
- Influences positively the normal function of the immune system
- Supports the reduction of internal tension and irritability in men over 30 years of age
- Positively influences the psycho vegetative conditions

DESCRIPTION*:

The dietary supplement is designed to improve the overall vitality and health of men over 30 years. The combination of plant extracts is proven to accelerate recovery processes in the body after systematic physical exertion or after severe diseases in individuals of the same age group.

The furostanol saponins in the extract of *Tribulus terrestris* plant spread in Bulgaria is a specific mixture of protodioscin, methyl protodioscin, protogracilin, and prototribestin methylprototribestin. They have the ability to greatly influence the secretion of hormones in pituitary-gonal axis, increase the level of the luteinizing hormone and the hormone testosterone, and regulate the male hormonal balance.

The supplement improves overall physiological condition, keeps normal levels of testosterone in the body in a natural way for a long period and does not require use of external sources of testosterone. The dry extract of *Tribulus terrestris* stimulates immunity, increases muscle mass and the desire for a fulfilling life.

Mucuna pruriens extract contains the active substance phenylalanine hydroxy-l (L-DOPA), and its action is connected to improving mood and desire to live. L-DOPA increases the energy levels, stamina, vitality and accelerates the recovery processes. It removes the state of anxiety and enhances the specific and nonspecific immunity of the organism.

The ginkgo flavone glycosides in dry *Ginkgo biloba* extract are a mixture of quercetin, kaempferol and isorhamnetin. It is applied to improve the ability to concentrate and reduce fatigue. It influences psycho vegetative disorders such as fatigue, insomnia and psycho-neurogenic conditions. The main effect is reducing internal tension and irritability in men over 30 years.

Able Male[®] has a positive effect on the physical condition of the male body, providing better health status and comfort of the individual.



The dry extract of the roots of *Geranium sanguineum* contains a complex of plant components of biologically active polyphenols and anthocyanins, which are strong antioxidants. The physiological activity of polyphenolic compounds and the synergy between the different phenolic groups is determined. A combined overall inhibitory effect on viruses and bacteria is seen. It is used alone or in combination with other plant extracts to maintain the health of the immune system and support the body's resistance to infections.

Ingredients in one capsule:

- 200 mg dry extract of *Tribulus terrestris* (60% furostanol saponins calculated as protodioscin)
- 85 mg dry extract of *Mucuna pruriens* (60% L-DOPA)
- 100 mg dry extract of *Ginkgo biloba* (Ginkgo flavone glycosides not less than 24%)
- 100 mg dry extract from *Geranium sanguineum* (20% polyphenols calculated as catechin and anthocyanins not less than 0.3% calculated as cyanidin chloride and malvidin chloride)

Dosage: To stimulate the body's overall vitality: 1 capsule in the morning and 1 in the evening.
To speed up the recovery process after systematic physical stress and diseases: 3 capsules daily.

Hippocrates said
"LET FOOD BE THY MEDICINE AND
MEDICINE BE THY FOOD"

MEDICINAL PLANTS ARE THE MIRACLE AND ONE OF THE GREATEST TREASURES OF NATURE!

A very old Chinese legend says that disease is on the ground, as are the herbs that can heal it. Once upon a time there was an old herbalist, who had disciples. Once he took them to the mountain and ordered them to bring him a grass with no healing effect. At the end of the day all the students went home with a few plants except one student. On the third day, that student came back very tired and his hands were empty. "I am sorry, teacher - he said - but I could not find any grass that does not cure a disease." Rejoiced, the old teacher replied: "Do not be sad, only you managed to pass the exam."

NOWADAYS, AFTER THE LONG AND BUSY DAY, WE RARELY THINK ABOUT THE PHARMACY IN OUR GARDEN.

VEMO 99'S TEAM BELIEVES, ACTS AND CHALLENGES EVERYDAY

For over 15 years we at **VEMO 99** have been creating innovative and high quality products from the garden of Nature, allowing us to secure complete care for people's health. Due to our expertise, we have been promoting active and healthy lifestyle. Thus, we challenge our customers to be responsible to their own health.

NATURE HAS GIVEN US ALL THE REMEDIES WE NEED. FOR MAXIMUM BENEFITS FOLLOW THE STAGES BELOW:

First stage: Listen to the voice of Nature and to the voice of Your Nature's needs! Pay attention to yourself and to the fact that today even medicine confirms the maxim that timely prevention is the best treatment!

Second stage: Stimulate the natural innate powers of your body using the healing powers of Nature! With supplements you do not treat the symptoms as drugs do. You assist your body's natural powers to maintain a healthy shape by adjusting and normalizing its functions. Dietary supplements are used primarily to increase the internal life force of the body and activate its self-healing process.

Third stage: Take supplements regularly! Dietary supplements work gradually and cumulatively. They are suitable for use by everyone and can be taken long term without addiction or adverse reactions in the body.

Fourth stage: Herbal supplements do not work alone - you have to work with them! Eat healthy! Smile more! Exercise! Reunite with nature!

*The claims stated in this catalogue are dependent on one's personal healthy lifestyle.

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PAGE 39	MEN'S FORMULA /Dry extracts from <i>Bulgarian Tribulus terrestris</i> , <i>Yohimbe</i> , <i>Ginkgo biloba</i> and <i>Nettle root</i> / BENEFICIAL EFFECT ON SEXUAL POTENCY AND LIBIDO
PAGE 41	ABLE MALE /Bulgarian Tribulus terrestris extract (60% furostanol saponins determined as protodioscin), <i>Mucuna pruriens</i> (60% L-DOPA), <i>Ginkgo biloba</i> , <i>Geranium sanguineum</i> / EXCEPTIONAL PRODUCT FOR THE OVERALL HEALTH OF MEN OVER 30 YEARS OF AGE